



B.P. PODDAR INSTITUTE OF MANAGEMENT & TECHNOLOGY
Poddar Vihar: 137, V.I.P. Road, Kolkata – 700 052

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NOTICE

All the students attending the offline classes are hereby advised to adopt the following Covid-19 guidelines (Do's & Don'ts):

DO'S

- To maintain personal hygiene.
- To practice frequent hand washing. Wash hands with soap and water or use alcohol-based hand sanitizer. Wash hands even if they are visibly clean.
- To cover your nose and mouth with handkerchief/tissue while sneezing and coughing.
- To throw used tissue into closed bins immediately after use.
- To maintain a safe distance from persons during interaction, especially with those having flu-like symptoms.
- To sneeze on the inner side of your elbow.
- To take temperature regularly and check for respiratory symptoms. To consult a doctor if you feel unwell (fever, running nose, sore throat, difficulty in breathing and coughing).

DON'TS

- Shake hands
- Have a close contact with anyone, if you're experiencing cough and fever.
- Touch your eyes, nose and mouth.
- Sneeze or cough into the palms of your hands.
- Spit in Public.
- Participate in large gatherings, including sitting in groups at canteens.
- Spread rumours or panic.

Sd/-

Dr. K. Prabakaran
Dy. Registrar